

Activities of daily living assessment: a comparison of three scales

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Introduction

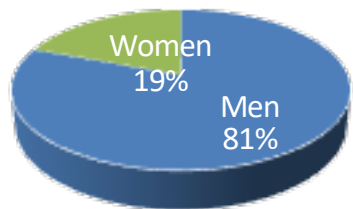
- An effective treatment is not possible without an adequate assessment.
- The scales of psychosocial functioning must provide treatment goals and serve as outcome measure. In other words, they have to prove adequate clinimetric properties.

Objectives

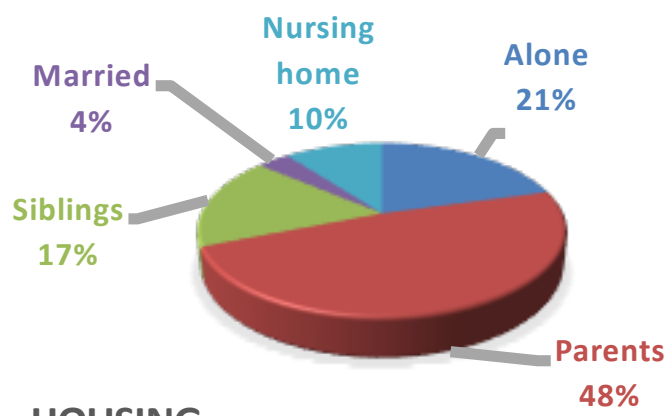
The purpose of this study was to compare the characteristics of three scales used in psychosocial rehabilitation of people with severe mental disorders, from the perspective of an occupational therapist focused in improve independence in instrumental daily living activities.

Methods

Participants = 31
Diagnosis = Schizophrenia



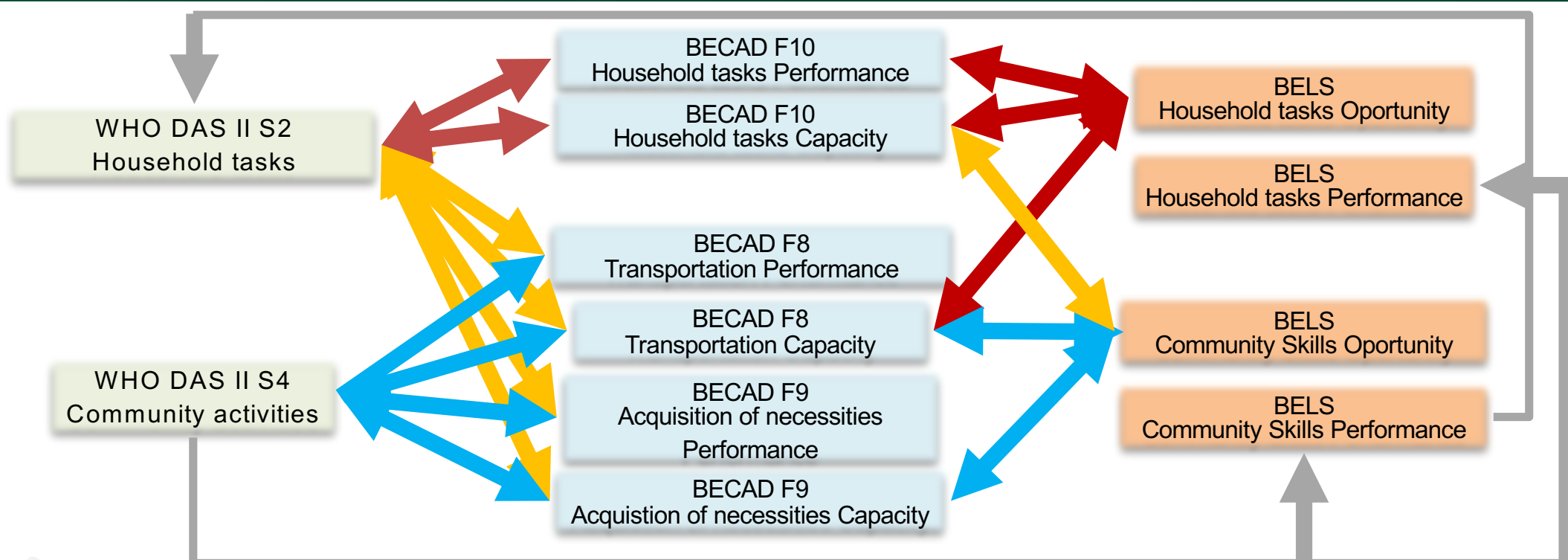
AGE: 23-68; Mean : 43,52, SD: 13,53



HOUSING



Results



Conclusions

- Self report measures as WHO DAS II (user interview) does not provide the same information as clinical scales, but could be a good screening measure.
- The BECAD is the only scale that measures the capacity and performance in activities of daily living according with the International Classification of Functioning, Disability and Health (ICF).
- A greater knowledge of the metric properties of the assessment instruments used in psychosocial rehabilitation is needed

